

TOTAL MENTAL WELLNESS PGx PANEL

DESCRIPTION

The **Total Mental Wellness PGx Panel** is designed to help you understand how your individual genetics may affect your response to different medications used in the treatment of ADHD, anxiety, depression, and other mental health conditions. The results of this test may assist in selecting the best combination of medication and dosage while minimizing unpleasant side effects.

Reports for this test are simple to read and navigate. Medications are classified as having major, minor, or usual prescribing considerations based on your individual genetic test results. Detailed interpretations and clinical recommendations help you work with your doctor to select treatments that are most likely to be effective based on your genetic profile.

This test requires a simple cheek swab sample that can be collected at the Any Lab Test Now location of your choice.

Test Details:

This test is intended to evaluate your predicted response to more than 40 different medications using up to 14 different genes. You may be asked to provide information about any current prescriptions in order to obtain the most personalized results.

WHO SHOULD GET THIS TEST?

The **Total Mental Wellness PGx Panel** may be right for consumers who are considering a new medication, are experiencing side effects from a current medication, or are taking a medication that does not seem to be effective.

Pharmacogenetic testing is also useful for anyone who wants to know how their genetic makeup affects their response to medications.

WHY IS THIS TEST IMPORTANT?

Pharmacogenetic testing can help reduce the incidence of adverse drug reactions. Adverse drug reactions are unintended side effects caused by medications. According to the CDC, adverse drug reactions cause over 1 million emergency department visits each year. The risk of having an adverse drug reaction increases with the number of medications being taken.

Pharmacogenetic testing is noninvasive, easy to perform, and time-saving. It also increases medication adherence, helps healthcare providers make informed decisions, and improves overall patient outcomes.

WHAT MEDICATIONS ARE COVERED BY THIS TEST?

This test will evaluate your predicted response to the following medications:

Amitriptyline	Clobazam	Fluvoxamine	Perphenazine
Amoxapine	Clomipramine	Haloperidol	Pimozide
Amphetamine	Clozapine	lloperidone	Protriptyline
Aripiprazole	Dextroamphetamine	Imipramine	Quetiapine
Aripiprazole Lauroxil	Diazepam	Lisdexamfetamine	Risperidone
Atomoxetine	Doxepin	Mirtazapine	Sertraline
Brexpiprazole	Duloxetine	Nortriptyline	Trimipramine
Bupropion	Escitalopram	Olanzapine	Venlafaxine
Carbamazepine	Fluoxetine	Oxcarbazepine	Viloxazine
Chlorpromazine	Flupenthixol	Paroxetine	Vortioxetine
Citalopram			

AM I REQUIRED TO FAST?

No, fasting is not necessary prior to this test.

WHAT DO I NEED TO DO TO PREPARE?

No special preparation is required prior to taking this test.

WHAT KIND OF SAMPLE IS REQUIRED?

A simple cheek swab is required for this test.

IS A DOCTOR'S ORDER REQUIRED?

We can provide a doctor's order for this test at no additional cost. We can also accept your physician's order.

DO I NEED TO MAKE AN APPOINTMENT?

No. You can walk in for same-day testing. We make it easy by offering work-friendly store hours.

HOW LONG WILL IT TAKE TO GET MY RESULTS?

Results are typically available within 10 business days.

IF I HAVE QUESTIONS ABOUT MY RESULTS, WHO SHOULD I CONTACT?

We recommend that you share your results with your healthcare provider.

Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.