

COMPREHENSIVE MALE PANEL PLUS

DESCRIPTION

The Comprehensive Male Panel includes the following tests: 1. CBC with Differential/Platelets 2. Complete Metabolic Panel 3. Cholesterol (Lipid) Panel 4. PSA (Prostate Specific Antigen) 5. Testosterone (Free and Total) 6. TSH (Thyroid Stimulating Hormone) 7. HbA1C (Hemoglobin A1C) 8. DHEA-S (Helps in the evaluation of your adrenal gland function) 9. Vitamin D levels.

WHY DO I NEED THIS TEST?

This panel will provide men with a wide range of tests designed to give them a broad overview of their health. It includes blood counts, metabolic panel which includes kidney and liver functions as well as heart health and hormone information. Men will also receive a PSA test designed to evaluate prostate health.

HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?

2 to 3 business days.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

Yes, fasting is required.

WRITTEN BY: EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.