

## **ADVANCED DRUG TEST PANEL WITH EXPANDED OPIATES AND FENTANYL**

### **DESCRIPTION**

When it comes to drug testing, there are a wide variety of tests and panels that are available. Often multiple drugs or substances are grouped together for testing to simplify and speed up the testing process, as it is easier than testing each drug one at a time. When a new drug needs to be tested, it is usually easier to add that substance to an already existing panel, and thus provide more benefit and information to those being tested.

Fentanyl is a synthetic drug that was originally created to mimic other opioids and produce a morphine-like effect. Pharmaceutical fentanyl is 50-100 times stronger than morphine or heroin and was initially used to help cancer patients control their pain. This medication can be easily absorbed through a variety of means including patches, injections, lozenges, etc. Additionally, because of its potency, fentanyl is often mixed with or used to “cut” other drugs to provide an additional effect. This has been seen in street drugs like heroin, cocaine, methamphetamine, and ecstasy. Use of substances like this poses a higher risk for unintentional fentanyl exposure, which may result in serious harm or death.

Using a standard urine sample collected at our store location, Any Lab Test Now offers testing for fentanyl as part of a broader panel that includes 12 classes of commonly abused and misused drugs or their metabolites. Fentanyl use can be detected in urine for up to 72 hours after exposure. A confirmed positive result for fentanyl and/or its metabolite is considered evidence of use in that timeframe.

This lab-based test will identify recent use of the following:

- Heroin
- Amphetamines
- Barbiturates
- Benzodiazepines
- Cocaine
- Opiates (Expanded)
- Fentanyl
- Marijuana
- Ecstasy
- Methadone
- PCP
- Propoxyphene

### **WHY DO I NEED THIS TEST?**

#### **For Consumers:**

This test is recommended for consumers who are concerned about suspected abuse or misuse of any of the listed drugs by a friend or family member, including teenagers. Individuals who think they may have been unknowingly given a drug should also consider this test.

#### **Employers and Staffing Agencies:**

The *Advanced Drug Test Panel with Expanded Opiates and Fentanyl* is suggested for employers who are concerned with drugs commonly included in a standard workplace drug test, as well as the growing trend of fentanyl misuse. Review of all positive test results by a Medical Review Officer (MRO) is highly recommended. MRO services are available at an additional cost. Consult with your local Any Lab Test Now store for pricing.

### **WHAT DO I NEED TO DO TO PREPARE?**

Drink 8-12 oz fluid 30 minutes prior to the test.

**CAN I TAKE THIS TEST IF I AM PREGNANT?**

Yes

**WILL A CERTAIN FOOD/DRINK ALTER THE TEST AND MAKE IT APPEAR POSITIVE?**

No.

**HOW LONG WILL IT TAKE TO GET MY RESULTS?**

Negative results are available within 24-48 hours. Allow additional time for confirmation testing to be completed if necessary.

**IS A DOCTOR'S ORDER REQUIRED?**

No.

**IF I HAVE QUESTIONS ABOUT MY RESULTS, WHO CAN I CONTACT?**

Drug testing results are best discussed with your physician.

**WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.