

## ALKALINE PHOSPHATASE (ALP)

### DESCRIPTION

Alkaline phosphatase (ALP) is an enzyme that is found throughout the body but mostly found in liver, bones, kidneys, and digestive system. This particular test is used to help detect liver disease, bone disorders, or help with the detection of gallbladder disease.

### WHY DO I NEED THIS TEST?

You would want to order this test to either screen for or monitor treatment of liver damage or disease, bone disease such as Paget disease, or help to detect gallbladder disease.

### FAQ's

#### **AM I REQUIRED TO FAST?**

No, fasting is not required. There are no dietary or medicinal restrictions to take this test.

#### **WHAT IS THE SAMPLE REQUIRED?**

A simple venous blood draw

#### **IS A DOCTOR'S ORDER REQUIRED?**

No. You do not need to provide a doctor's order to get lab testing done at Any Lab Test Now.

#### **WHEN WILL I GET MY TEST RESULTS?**

Test results generally take between 48 to 72 business hours after your specimen is collected.

#### **DO I NEED TO MAKE AN APPOINTMENT?**

No. You can walk in for same day testing. We make it easy for you by offering work-friendly hours.

#### **IF I HAVE QUESTIONS ABOUT MY TESTS RESULTS WHO SHOULD I CONTACT?**

We recommend you share your results with your primary care physician.

#### **WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.