

## **HUMAN PAPILOMAVIRUS (HPV) - MALE HOME COLLECTION KIT**

### **DESCRIPTION**

The Human Papillomavirus, or HPV, is a sexually transmitted infection comprised of more than 150 different types of virus. HPV is spread by having vaginal, anal or oral sex with someone who has the virus. It is estimated that 80% of all sexually active individuals will contract HPV at some point in their life.

The HPV Test is a qualitative in vitro test for the detection of the Human Papillomavirus using a urine specimen for males. Urine is collected following kit instructions in the privacy of your own home. This test utilizes amplification of target DNA by Polymerase Chain Reaction (PCR) and nucleic acid hybridization for the detection of 14 high-risk HPV types. The test specifically identifies HPV types 16 and 18, while concurrently detecting the rest of the high risk types (31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 66 and 68). When left untreated, HPV can lead to risks of anal and penile cancers.

### **WHY DO I NEED AN HPV TEST?**

It is estimated that 80% of all sexually active individuals will contract HPV at some point in their life. Knowing whether or not you have an HPV infection can protect your partner and stop the spread of the infection. Consider getting tested in any of the following circumstances:

- You've had multiple sex partners
- You've had sexual contact with someone who is HPV positive
- You have had unprotected sex
- You have a weakened immune system

### **IS A DOCTOR'S ORDER REQUIRED?**

Any Lab Test Now's ordering physician will provide the required physician's order on your behalf.

## **WHAT TYPE OF SPECIMEN WILL I NEED TO COLLECT FOR THIS TEST?**

You will collect your first morning's urine in a specimen cup provided in the kit, then transfer some of the urine to a transport tube using a disposable pipette. Please follow the collection instructions provided in the kit carefully. Collection instructions can be found on the back of the kit insert.

## **WHAT IS INCLUDED IN THE HOME COLLECTION KIT?**

We make it easy for you to collect the sample required in the privacy of your own home. Each collection kit contains:

- Easy-to-follow collection and shipping instructions
- A urine cup
- Disposable pipette to collect a small amount of the urine, then transfer to a transport tube
- Specimen bag to place the tube after collection
- Lab Requisition Form
- Pre-paid return shipping envelope to the laboratory

Place the tube containing the urine into the transport tube following the instructions, then in the specimen bag. Place the specimen bag and lab requisition form (if provided) into the box. Insert the packed box into the pre-paid return envelope and ship to our laboratory within two (2) days after specimen collection.

The original urine collection cup and disposable pipette can then be discarded.

## **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

Test results are reported to you in an average of three (3) business days after samples are received at the testing laboratory. It is important to ship your specimen to the laboratory within two (2) days after collecting the sample.

## **DO I HAVE TO GO INTO AN ANY LAB TEST NOW STORE TO GET TESTED?**

No, you can order the home collection kit online. It will be shipped to you via United States Postal Service, first class mail, or you can drop by and pick up your kit after your order is placed.

After you collect your sample, you will send your specimen to the testing laboratory using the prepaid shipping envelope and label contained in the collection kit.

## **WHAT SHOULD I DO IF MY RESULTS INDICATE I HAVE HUMAN PAPILOMAVIRUS?**

If you test positive for HPV, you will want to share your test results with your primary care physician or contact our telemedicine partner, [Dial Care](#). You may also want to discuss your status with recent sexual partners so they can get tested also.

## **WHAT IF THE SAMPLE I COLLECTED CANNOT BE TESTED?**

Although the possibility is very low, there is a chance that you did not release sufficient biological cell material for the test to be performed. This is why the first morning's urine is optimal. If your sample is rejected, we will notify you. We will send you an additional collection kit, or you may pick it up at our store location. There is an additional \$15.00 charge to cover the cost of the kit and shipping.

## **HOW WILL I RECEIVE MY TEST RESULTS?**

Once your test is completed, the test results will be sent to you through our secure portal or encrypted e-mail to the e-mail address provided when you placed the kit order.

### **WRITTEN BY: EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR**

Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.