

# COTININE DRUG TEST (NICOTINE METABOLITE) (URINE)

---

## **DESCRIPTION**

The **Cotinine Drug Test (Nicotine Metabolite) (Urine)** will identify the presence or absence of cotinine in a urine sample.

This test requires a standard urine sample that can be collected at the Any Lab Test Now store location of your choice. All urine samples are collected and sent to the laboratory using strict chain of custody procedures that protect the identity and integrity of the specimen.

This laboratory-based test includes a routine screen for the presence of cotinine. Samples with positive screen results are automatically sent for additional confirmatory testing by GC/MS or LC-MS/MS. This additional test will confirm the presence of cotinine in the sample and the amount. Screening and confirmatory tests are always conducted separately in order to prevent contamination and ensure accurate results.

Cotinine may be detectable in urine for up to seven days after the most recent nicotine use or exposure. A confirmed positive result is considered evidence of use or exposure in that time period. It is important to note that this test will not distinguish between use of cigarettes, vapes, or nicotine replacement therapy products.

This test is intended to identify recent use of the following:

- Nicotine (as the metabolite, Cotinine)

## **WHY DO I NEED THIS TEST?**

### **For Consumers:**

The **Cotinine Drug Test (Nicotine Metabolite) (Urine)** is recommended for consumers seeking a drug test for personal knowledge, employment, or insurance purposes. It is also recommended for consumers who are concerned about suspected use of nicotine by a friend or family member, including teenagers.

### **For Employers and Staffing Agencies:**

The **Cotinine Drug Test (Nicotine Metabolite) (Urine)** is recommended for employers who are required to monitor nicotine use by their employees for insurance purposes.

## **WHAT DO I NEED TO DO TO PREPARE?**

Drink 8-12 oz. of fluid 30 minutes prior to the test.

## **IS IT SAFE TO TAKE THIS TEST IF I AM PREGNANT?**

Yes.

## **WILL CERTAIN FOODS/DRINKS MAKE THE TEST APPEAR POSITIVE?**

No.

## **DO I NEED TO MAKE AN APPOINTMENT?**

No. You can walk in for same-day testing. We make it easy by offering work-friendly store hours.

## **HOW LONG WILL IT TAKE TO GET MY RESULTS?**

Negative drug test results are available within 24-48 hours. Allow additional time for confirmation testing to be completed if necessary.

## **WHO HAS ACCESS TO MY RESULTS?**

Drug test results always belong strictly to the donor, except in the case of a minor child or an employer or court-ordered drug test. The donor may also provide written authorization for test results to be provided to one or more third parties, if necessary.

## **IS A DOCTOR'S ORDER REQUIRED?**

No. Drug testing does not require a doctor's order to be performed.

## **WHO CAN I CONTACT IF I HAVE QUESTIONS ABOUT MY RESULTS?**

Drug testing results should be discussed with your primary care physician.

*Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.*