

# Any Lab Test Now

## HEART HEALTH PANEL

### **DESCRIPTION**

The Heart Health Panel provides an overview of your heart health status. This panel can be used as a baseline assessment of your heart health and possible risk. There are four components provided within the Heart Health Panel.

- Lipoprotein Particle Protein Basic (LPP) – overall cardiovascular risk assessment.
- Complete Metabolic Panel (CMP) – Evaluate the body's electrolyte balance and the status of major body organs.
- C-Reactive Protein (CRP) High Sensitivity – Inflammation marker used to evaluate the risk of cardiovascular disease.
- Homocysteine – Evaluate risk of coronary heart disease, atherosclerosis and other cardio vascular diseases.

### **WHY DO I NEED THIS TEST?**

To receive an overall cardiovascular baseline or risk assessment.

### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

7 to 10 business days.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

Yes. Please fast 8 to 12 hours prior to taking the test.

### **WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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