

Any Lab Test Now

WEIGHT MANAGEMENT TAKE HOME HORMONE KIT

DESCRIPTION

The increase in obesity in the United States is dramatic and expected to continue. The United States ranks as the fattest nation in the world with the highest prevalence of obesity among adults aged 40 and over. Much of the blame has been placed on sedentary lifestyles and large meal portions loaded with fat, sugar and salt. But many of us are not aware of the strong connection between our hormones and our weight. As we age hormone levels adjust; some go up and some drop. Hormonal imbalances can lead to weight gain, obesity, insulin resistance, metabolic syndrome and diabetes.

Estrogen and testosterone in the proper balance contribute to a healthy distribution of fat in the body, but when estrogen levels rise unhealthy weight gains follow in both men and women. Lower levels of testosterone in men can lead to weight gain and fat distribution similar to that experienced by women. Cortisol, the Stress Hormone, in excess leads to abdominal weight gain, and sleep disturbances which contribute to increased appetite and overeating. Low levels of vitamin D or high levels of Thyroid Stimulating Hormone (TSH) are also directly linked to excess weight and obesity. Elevations of fasting Insulin and Hemoglobin A1C indicate insulin resistance and/or early detection of Type 2 Diabetes.

WHY DO I NEED THIS TEST?

Testing your hormone levels can help to explain these persistent weight problems. The Weight Management Take Home Hormone Kit identifies specific hormonal imbalances that contribute to excess weight gain or obesity that can lead to related health issues, including insulin resistance, metabolic syndrome and diabetes. The test provides early detection of these markers allowing you to address the issues, achieve a healthy weight and reduce or prevent related disease risks.

HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?

Test results generally take between 3 to 5 business days after your specimen is received at the laboratory.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

Yes, 12 hours fasting is required prior to collection.

OTHER RELEVANT LAB TESTS

Customers interested in the Weight Management Profile may also want to consider the Elements-Thyroid Take Home Hormone Kit or the Adrenal Stress Take Home Hormone Kit.

WRITTEN BY:

EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR

Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567

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