

Sensitivity and Intolerance Testing (Platinum Plus)

DESCRIPTION

This test looks at more than 350 items, covering more than 200 food intolerances, 50 Functional Foods & Medicinal Herbs, 20 Molds, 30 Food Additives/Colorings & Environmental Chemicals, and 20 Antibiotics/Anti-inflammatory Agents.

ANY LAB TEST NOW® offers a variety of intolerance testing options. Speak with your local ANY LAB TEST NOW® to determine which test is the right choice for you.

WHY DO I NEED THIS TEST?

Trying to identify the cause of chronic discomfort can be complicated when it doesn't seem linked to a specific food or substance, but an allergy test can help. Pinpointing specific foods, additives, or environmental substances that should be avoided can produce dramatic relief of uncomfortable symptoms.

Up to 50 million Americans, including millions of children, suffer from allergies. Allergies are a major cause of illness in the United States and can be so severe that they can lead to death. While IgE allergic responses can be treated with antihistamines to block the production of the antibodies, IgG antibodies provide long-term resistance to infection and live longer in our systems. The only treatment for IgG allergies is to completely eliminate the allergen. Digestive problems may contribute to IgG allergies. Some people suffer from "leaky gut" in which food particles travel outside the intestines causing the body to react to a perceived threat and produce IgG antibodies. Over time the chronic allergic response can lead to a weakened immune system. Dietary and lifestyle changes to avoid the offending food or substance can help you feel better quickly

AM I REQUIRED TO FAST FOR THIS LAB TEST?

No. You are not required to fast for this test.

This test measures the body's cellular reactivity to:

250 FOODS

Acorn Squash	Black Currant	Casein	Crab	Grapefruit
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Adzuki Beans	Black Pepper	Cashew	Cranberry	Green Pea
Agave	Black Tea	Catfish	Cucumber	Green Tea
Allspice	Black-Eyed Pea	Cauliflower	Cumin	Grouper
Allulose	Blackberry	Cayenne Pepper	Dandelion Leaf	Guava
Almond	Blueberry	Celery	Date	Habenero Pepper
Amaranth	Bok Choy	Chamomile	Dill	Haddock
Ancho Chili Pepper	Boston Bibb Lettuce	Cherry	Dragon Fruit	Halibut
Anchovy	Brazil Nut	Chia	Duck	Hazelnut
Apple	Brewer's Yeast	Chicken	Egg White	Hemp
Apricot	Broccoli	Chickpea	Egg Yolk	Honey
Arrowroot	Brussels Sprouts	Chicory	Eggplant	Honeydew Melon
Artichoke	Buckwheat	Chives	Endive	Hops
Arugula	Butternut Squash	Cilantro	Escarole	Horseradish
Asparagus	Button Mushrooms	Cinnamon	Fava Bean	Iceberg Lettuce
Avocado	Cabbage	Clam	Fennel Seed	Jackfruit
Baker's Yeast	Candida albicans	Clove	Fig	Jalapeño Pepper
Banana	Cane Sugar	Cocoa	Flaxseed	Jicama
Barley	Cannellini Beans	Coconut	Flounder	Kale
Basil	Cantaloupe	Codfish	Garlic	Kelp
Bay Leaf	Capers	Coffee	Ginger	Kidney Bean
Beef	Caraway	Collard Greens	Gliadin	Kiwi
Bell Pepper Green	Cardamom	Coriander Seed	Gluten	Lactose
Bison	Carob	Corn	Goat's Milk	Lamb

Black Beans	Carrot	Cow's Milk	Grape	Leaf Lettuce (Red/Green)
Leek	Nutmeg	Pollock	Sea Bass	Tarragon
Lemon	Nutritional Yeast	Pomegranate	Sesame	Teff
Lentil Bean	Oat (Gluten Free)	Poppy Seed	Shallot	Thyme
Licorice	Okra	Pork	Sheep's Milk	Tilapia
Lima Bean	Olive	Portobello Mushroom	Shiitake Mushroom	Tomato
Lime	Onion	Pumpkin	Shrimp	Trout
Lobster	Orange	Quinoa	Snapper	Tuna
Lychee	Oregano	Radish	Sole	Turkey
Macadamia	Oyster	Rapeseed	Sorghum	Turmeric
Mackerel	Papaya	Raspberry	Soybean	Turnip
Mahi Mahi	Paprika	Red Beet	Spaghetti Squash	Vanilla
Malt	Parsley	Red Palm Fruit	Spearmint	Veal
Mango	Parsnip	Rhubarb	Spelt	Venison
Maple Sugar	Peach	RiceBrown/White	Spinach	Wakame Seaweed
Millet	Peanut	Romaine Lettuce	Star Fruit	Walnut
Molasses	Pear	Rosemary	Stevia	Water Chestnut
Monk Fruit	Pecan	Rutabaga	Strawberry	Watercress
Mulberry	Peppermint	Rye	String Bean	Watermelon
Mung Bean	Persimmon	Safflower	Sunflower	Wheat
Mussel	Pine Nut	Saffron	Sweet Potato	Whey
Mustard Greens	Pineapple	Sage	Swiss Chard	White Potato
Mustard Seed	Pinto Beans	Salmon	Swordfish	Wild Rice
Navy Bean	Pistachio	Sardine	Tangerine	Yellow Pea

Nectarine	Plantain	Scallion	Tapioca	Yellow Squash
Nori	Plum	Scallop	Taro Root	Zucchini Squash

FUNCTIONAL FOODS AND MEDICINAL HERBS

Açai Berry	Barley Grass	Chlorella	Essiac	Goldenseal
Aloe Vera	Bee Pollen	Chondroitin	Feverfew	Grape Seed Extract
Ashwagandha	Bilberry	Dandelion Root	Ginkgo Biloba	Guarana Seed
Astragalus	Black Walnut	Echinacea angustifolia	Glucosamine	Gymnema Sylvestre
Bamboo Shoot	Cascara	Elderberry	Goji Berry	Heartwood (Red Quebracho)
Hawthorn Berry	Milk Thistle (Silymarin)	Pine Bark (Pycnogenol)	Rooibos Tea	Valerian
Huperzine	Moringa	Red Yeast Rice	Schisandra Berry	Vinpocetine
Kava Kava	Mullein Leaf	Reishi Mushroom	Senna	Wheatgrass
Lutein	Noni Berry	Resveratrol	Spirulina	Wormwood
Maitake Mushroom	Pau d'Arco Bark	Rhodiola	St John's Wort	Yellow Dock

MOLDS

Alternaria alternata	Curvularia	Hormodendrum cladosporium	Pullularia aureobasidium
Aspergillus fumigatus	Epicoccum nigrum	Monilia sitophila	Rhizopus Nigricans
Botrytis cinerea	Fusarium oxysporum	Mucor racemosus	Rhodotorula rubra
Candida albicans	Geotrichum candidum	Penicillium	Spondylocladium
Cephalosporium gramineum	Helminthosporium	Phoma herbarum	Trichoderma

Cladosporium herbarum			
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FOOD ADDITIVES, PRESERVATIVES, AND FOOD COLORINGS

Acid Blue #3 (Xylene Blue V)	Beta-Carotene	Brilliant Black
Acid Red #14	BHA (Butylated Hydroxyanisole)	Citric Acid
Annatto	BHT (Butylated Hydroxytoluene)	Erythritol
Aspartame	Blue #1 (Brilliant Blue)	Fructose/HFCS
Benzoic Acid	Blue #2 (Indigo Carmine)	Green #3 (Fast Green)
Lecithin (soy)	Red #40 (Allura Red)	Xylitol
MSG (Monosodium Glutamate)	Saccharin	Yellow #5 (Tartrazine)
Orris Root	Sodium Sulfite	Yellow #6 (Sunset Yellow)
Polysorbate 80	Sorbic Acid	
Red #4 (Carmine)	Sucralose	

ANTIBIOTICS AND ANTI-INFLAMMATORY SENSITIVITY & INTOLLERANCE

Acetaminophen (Tylenol)	Diflunisal (Dolobid)	Naproxen/Aleve	Piroxicam (Feldene)
Amoxicillin	Gentamicin	Neomycin	Streptomycin
Ampicillin	Ibuprofen (Advil/Motrin)	Nystatin	Sulfamethoxazole
Aspirin (Acetylsalicylic Acid)	Indomethacin	Penicillamine	Sulindac/Clinoril
Diclofenac (Voltaren)	Ketoprofen	Penicillin	Tetracycline

Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.