

Any Lab Test Now

SKIN VITALITY TAKE HOME HORMONE KIT

DESCRIPTION

The proper balance of hormones is critical to the health and vitality of your skin. Hormones affect the maintenance of skin health, as well as collagen content, skin lipid levels, elasticity, wound healing, moisture content and facial hair. As we age our hormones levels change, either due to normal aging and lowering of estrogen, progesterone and testosterone levels, thyroid disorders, stress or dietary changes.

Low hormone levels can contribute to skin dryness, thinning or wrinkling, and decreased elasticity which worsens the appearance of wrinkles or, in the case of thyroid stimulating hormone, hair loss. High levels of specific hormones, especially estrogen and progesterone can contribute to dark spots on the skin. Excess androgens (DHEA and Testosterone) contribute to acne, male pattern baldness or even, hirsutism, or unwanted facial hair in women.

WHY DO I NEED THIS TEST?

Have you noticed unusual changes in your skin, excessive dryness, deep wrinkling, discoloration or new acne?

Many dermatologists are recognizing the importance of hormonal balance in the health of the skin. Evaluating specific hormone levels can assist you and your dermatologist or skin care specialist in the treatment of blotchy, dry, thinning, or overly oily, acne prone skin. Hormonal changes as we age are normal, but there are many topical hormone therapies that can relieve skin conditions. Reduced skin elasticity or an increase in dryness or hair loss can be a sign of an underlying hormonal or medical condition such as a thyroid disorder, excessive stress leading to high levels of cortisol, or vitamin D deficiency. Understanding your hormone levels can help to uncover hidden deficiencies or issues that impact your overall health.

HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?

Test results generally take between 3 to 5 business days after your specimen is received at the laboratory.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

No, fasting is not required prior to sample collection for the Skin Vitality Take Home Hormone Kit.

OTHER RELEVANT LAB TESTS

Customers interested in the Skin Vitality Take Home Hormone Kit may also want to consider the Adrenal Stress Take Home Hormone Kit or the Elements-Thyroid Take Home Hormone Kit.

WRITTEN BY:

EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR

Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567

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