

PETH ALCOHOL TEST (ALCOHOL BIOMARKER) (BLOOD)

DESCRIPTION

The **PEth Alcohol Test (Blood)** is able to identify alcohol use in a person as far back as 3-4 weeks prior to the specimen collection. Phosphatidylethanol, or PEth, is formed in red blood cell membranes when they are exposed to alcohol. It is considered a direct biomarker for alcohol consumption.

This test requires a standard blood sample that can be drawn at the Any Lab Test Now store location of your choice. Samples are collected and sent to the laboratory using strict chain of custody procedures that protect the identity and integrity of the specimen.

As a laboratory-based test, the **PEth Alcohol Test (Blood)** consists of a screen to identify the presence or absence of PEth. Samples identified as positive will automatically be sent for additional testing to confirm the presence of PEth and determine the amount that is present. Screening and confirmation tests are always conducted separately in order to prevent contamination and ensure accurate results.

Research has shown that the use of alcohol-based hand sanitizers and mouthwashes will not affect the results of a PEth test. A confirmed positive result can be interpreted as evidence of alcohol use.

This test is intended to identify alcohol use within the past 3-4 weeks. Test results cannot be correlated to a specific blood alcohol level or degree of impairment.

WHY DO I NEED THIS TEST?

For Consumers:

The **PEth Alcohol Test (Blood)** may be right for consumers needing to prove abstinence from alcohol. It may also be of value to customers concerned about alcohol use by close friends or family.

For Law Enforcement Agencies or Substance Abuse Monitoring Programs:

The **PEth Alcohol Test (Blood)** is recommended for agencies or programs responsible for monitoring individuals who are required to abstain from alcohol consumption.

WHAT DO I NEED TO DO TO PREPARE?

No special preparation is needed before taking this test.

IS IT SAFE TO TAKE THIS TEST IF I AM PREGNANT?

Yes.

WILL CERTAIN FOODS/DRINKS MAKE THE TEST APPEAR POSITIVE?

No.

DO I NEED TO MAKE AN APPOINTMENT?

No. You can walk in for same-day testing. We make it easy by offering work-friendly store hours.

HOW LONG WILL IT TAKE TO GET MY RESULTS?

Negative results are available within 3-5 days. Allow additional time for confirmation testing to be completed, if necessary.

WHO HAS ACCESS TO MY RESULTS?

Drug and alcohol test results always belong strictly to the donor, except in the case of a minor child or an employer or court-ordered drug test. The donor may also provide written authorization for test results to be provided to one or more third parties, if necessary.

IS A DOCTOR'S ORDER REQUIRED?

No. Drug and alcohol testing does not require a doctor's order to be performed.

WHO CAN I CONTACT IF I HAVE QUESTIONS ABOUT MY RESULTS?

Drug and alcohol testing results should be discussed with a physician or other substance use professional.

Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.

