

Any Lab Test Now

OSTEOPOROSIS RISK PANEL

DESCRIPTION

The Osteoporosis Risk Panel includes ten different tests that evaluate your risk for osteoporosis – a debilitating disease that causes bones to become more fragile.

Calcium and Vitamin D play a large part in diagnosing osteoporosis. If you are deficient in these minerals, this panel will tell you. The other tests help make the panel more comprehensive and give you and your physician a better evaluation of your bones and how your body processes the minerals needed to create bone.

WHY DO I NEED THIS TEST?

People with osteoporosis are typically older females with a small or thin body frame and have a diet low in calcium (but high in protein, sodium and caffeine).

If you experience loss of height or a broken bone, or if you have a history of smoking, alcohol abuse and a lack of exercise, you might want to consider this panel.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

No. You are not required to fast for this test.

OTHER RELEVANT LAB TESTS

If you're interested in the Osteoporosis Risk Panel, you might also want to consider the Annual Check-Up, Menopause Screening Panel or the Comprehensive Male or Female Panel.

WRITTEN BY:

EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR

Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567

ANYLABTESTNOW.COM