

# Any Lab Test Now

## MONONUCLEOSIS TEST (QUALITATIVE)

### **DESCRIPTION**

Mononucleosis is a viral infection caused by the Epstein Barr virus and is common in adolescents and young adults. Often times, there are no symptoms, but others feel tired, feverish, have a sore throat, etc.

The Mononucleosis Test (Qualitative) will detect what's called 'heterophil antibodies' in your blood (related to mono). Keep in mind, if you've had mononucleosis in the past, you will always test positive for it.

### **WHY DO I NEED THIS TEST?**

If you feel poorly and you just don't know why, you might have mononucleosis (mono). Find out now because mono can keep you out of commission for weeks and sometimes longer.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

No. You are not required to fast for this test.

### **OTHER RELEVANT LAB TESTS**

At some locations, a Mononucleosis Rapid Result Screen is available. It's an instant test that will tell you "yes" or "no" in less than 10 minutes.

Also, you might want to consider the Fatigue Panel (which includes the Epstein Barr Virus Antibodies Test).

### **WRITTEN BY:**

**EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR**

Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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