

MICRONUTRIENT TEST

DESCRIPTION

The Micronutrient Test measures your body's ability to absorb vitamins, minerals, antioxidants and other essential nutrients into your white blood cells. This non-fasting blood test tells if you have a vitamin deficiency and gives you a plan for how to correct it.

More importantly, the results can help you reduce the risk of illness and disease related to such deficiencies.

WHY DO I NEED THIS TEST?

The Micronutrient Test will tell you which vitamins you are deficient in and which to focus on – thereby eliminating your deficiency and any unnecessary spending on costly supplements.

Scientific evidence confirms that vitamin deficiencies are associated with disease processes and the overall conditions of your health. The Micronutrient Test is the only test that takes a nutritional assessment and creates a plan to correct any deficiency negatively influencing your health. Vitamin, mineral and antioxidant deficiencies have been shown to suppress immune functions and contribute to chronic degenerative processes such as arthritis, cancer, Alzheimer's, cardiovascular disease and diabetes.

HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?

Test results generally take between 12 to 20 business days from when the lab receives the specimen.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

No. You are not required to fast for this test.

OTHER RELEVANT LAB TESTS

The Micronutrient Test provides a lot of good information, and while you are in our store, you might want to consider the Annual Check-Up or Comprehensive Male Panel or the Comprehensive Female Panel.

WRITTEN BY:

EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.