

# Any Lab Test Now

## LUTEINIZING HORMONE (LH) TEST

### **DESCRIPTION**

The Luteinizing Hormone or LH Test measures how much of the hormone is in your blood. The LH is produced by the pituitary gland in both men and women.

In females, this hormone helps regulate the menstrual cycle and egg production. It is common to see LH levels rise and fall during the monthly menstrual cycle. It is also useful in the production of estrogen and progesterone.

In males, LH is responsible for the release of testosterone (which plays a role in producing sperm).

### **WHY DO I NEED THIS TEST?**

The LH Test can help find the cause for the couple's infertility. It can also give insight on puberty, menstrual cycle issues, and ovulation timing, among others.

### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

Test results generally take between 24 to 72 business hours after your specimen is collected.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

No. You are not required to fast for this test.

### **OTHER RELEVANT LAB TESTS**

Customers who purchase the LH Test may also want to consider the Follicular Stimulating Hormone (FSH) and Progesterone Test or the Comprehensive Female Panel, a great value panel that includes these three tests and a myriad of others.

### **WRITTEN BY:**

**EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR**

Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

**ANYLABTESTNOW.COM**