

# Any Lab Test Now

## LIPID (CHOLESTEROL) PANEL

### **DESCRIPTION**

The Lipids Panel can determine if you have abnormal cholesterol or triglyceride levels. These are important because they can also help you and your doctor determine if you're at risk for heart disease or other coronary (heart) illnesses.

Cholesterol is fat that is produced by the liver. It can also be obtained from foods like cheeseburgers, pizza, etc. There are two kinds of cholesterol – the good and the bad.

1. High Density Lipoproteins (HDL) = Good cholesterol.
2. Low Density Lipoproteins (LDL) = Bad cholesterol.

When all of these tests are evaluated together, your physician can determine if you would benefit from a cholesterol maintenance medication. If you're already taking cholesterol medication, your doctor may require a more detailed test from ANY LAB TEST NOW such as the Cholesterol Medication Maintenance Panel before a refill can be completed.

### **WHY DO I NEED THIS TEST?**

Measuring your Total Cholesterol and other levels is one method to detect whether you're at risk for heart or coronary artery diseases, among others.

### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

Test results generally take between 24 to 72 business hours after your specimen is collected.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

Yes. Do not eat for 10-12 hours before taking the panel to ensure its accuracy.

### **OTHER RELEVANT LAB TESTS**

Most customers interested in the Lipid Panel upgrade to the Cholesterol Maintenance Panel or Annual Check-Up Panel for a better value.

### **WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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