

Any Lab Test Now

HOMOCYSTEINE TEST

DESCRIPTION

The homocysteine test consists of a blood test that measures the level of homocysteine in the blood.

WHY DO I NEED THIS TEST?

Information from this test can also be used in conjunction with other cardiovascular tests for people at high risk for stroke or heart attack. There has been a link between blood clots and elevated homocysteine levels. It has also been noted that people with elevated homocysteine levels may have twice the risk of coronary artery disease compared to those that have normal levels. This could be especially useful for those who have a history of cardiovascular disease but no symptoms. Your doctor may recommend a change in diet to include more foods that include B12 and folate and/or a vitamin supplement.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

Yes. You must fast at least eight (8) hours prior to having your specimen collected.

HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?

Test results generally take between 24 to 72 business hours after your specimen is collected.

WRITTEN BY:

EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR

Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567

ANYLABTESTNOW.COM