

# Any Lab Test Now

## FOLATE TEST

### **DESCRIPTION**

A deficiency of folic acid is common in pregnant women, alcoholics, or individuals who do not have enough raw fruits and vegetables in their diet.

The most reliable method of testing a folate deficiency is by checking the folate levels in both erythrocytes and serum.

### **WHY DO I NEED THIS TEST?**

A Folate Test is important if you are a woman who is either pregnant or planning to become pregnant.

A physician may want to perform a Folate Test if an individual is showing signs of a folate deficiency.

Individuals with a B12 deficiency or anemia also may want to consider a Folate Test. These disorders can make it difficult for your body to absorb folic acid.

### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

Results are typically available in 3 to 5 business days.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

No. You do not need to fast for this test.

**WRITTEN BY:  
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**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

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