

Any Lab Test Now

EXPANDED FOOD ALLERGY PANEL III – (BOTH IgE and IgG)

DESCRIPTION

When people think of allergies what typically comes to mind is the standard allergy symptoms we all know or have experienced. Our bodies may mistakenly identify a substance as toxic and produce antibodies against common foods or environmental substances. This type of reaction is caused by IgE antibodies.

Not so long ago people, including many children, were subjected to hundreds of needle pricks containing different possible allergens to determine which ones caused the strongest reactions but this method is ineffective for IgG allergies due to the delayed reaction. A simple blood draw can look for specific antibodies to hundreds of substances using only one needle. The presence of the IgG and/or IgE antibodies will identify the allergen so that it can be avoided or eliminated from the diet.

WHY DO I NEED THIS TEST?

Trying to identify the cause of chronic discomfort can be complicated when it doesn't seem linked to a specific food or substance, but an allergy test can help. Pinpointing specific foods, additives, or environmental substances that should be avoided can produce dramatic relief of uncomfortable symptoms.

Up to 50 million Americans, including millions of children, suffer from allergies. Allergies are a major cause of illness in the United States and can be so severe that they can lead to death. While IgE allergic responses can be treated with antihistamines to block the production of the antibodies, IgG antibodies provide long-term resistance to infection and live longer in our systems. The only treatment for IgG allergies is to completely eliminate the allergen. Digestive problems may contribute to IgG allergies. Some people suffer from "leaky gut" in which food particles travel outside the intestines causing the body to react to a perceived threat and produce IgG antibodies. Over time the chronic allergic response can lead to a weakened immune system. Dietary and lifestyle changes to avoid the offending food or substance can help you feel better quickly.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

No. You are not required to fast for this test.

OTHER RELEVANT LAB TESTS

People who purchased the Expanded Food Allergy Panel also considered the Basic Check Up or one of the Sensitivity and Intolerance tests to 50 Functional Foods or the Comprehensive Platinum Panel.

WRITTEN BY:

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567

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