

ETG (ETHYL GLUCURONIDE) ALCOHOL TEST (ALCOHOL METABOLITE) (HAIR)

DESCRIPTION

The **EtG (Ethyl Glucuronide) Alcohol Test (Alcohol Metabolite) (Hair)** test will identify the presence or absence of EtG in a hair sample.

EtG is a metabolite of alcohol that can be used to detect alcohol use in people for a longer period of time than direct tests for alcohol.

EtG is deposited in hair as it grows through exposure to blood, sweat, and skin oils. On average, EtG becomes detectable in head hair beginning at 7 days after heavy alcohol use and extending as far back as 90 days if the hair sample collected is at least 1.5 inches in length. A confirmed positive result is considered evidence of heavy alcohol use in that time period. Note that body hair does not grow at the same rate as head hair, therefore the detection window is less precise. Results of this test cannot be traced back to a person's blood alcohol concentration at a specific time in the past. Infrequent use of alcohol also may not be detectable using this test.

This test requires a head or body hair sample that can be collected at the Any Lab Test Now store location of your choice. If head hair is being used, small sections of hair will be cut from several inconspicuous places on the back of the head. Body hair will only be used in the event that head hair is unavailable or unsuitable for testing. All hair samples are collected and sent to the laboratory using strict chain of custody procedures that protect the identity and integrity of the specimen.

As a laboratory-based test, this panel includes a routine screen for EtG as well as confirmation of positive results by LC-MS/MS. Screening and confirmatory tests are always conducted separately in order to prevent contamination and ensure accurate results.

This test is intended to identify heavy use of the following:

- Ethyl Alcohol (as the metabolite Ethyl Glucuronide)

WHY DO I NEED THIS TEST?

For Consumers:

The **EtG (Ethyl Glucuronide) Alcohol Test (Alcohol Metabolite) (Hair)** test is recommended for consumers seeking a drug test for personal knowledge, legal, or employment-related purposes. It is also recommended for consumers who are concerned about suspected long-term abuse or misuse of alcohol by a friend or family member, including teenagers.

For Law Enforcement Agencies or Substance Abuse Monitoring Programs:

The **EtG (Ethyl Glucuronide) Alcohol Test (Alcohol Metabolite) (Hair)** is recommended for agencies or programs responsible for monitoring individuals who are required to abstain from drug use.

WHAT ARE THE ADVANTAGES OF HAIR DRUG TESTING?

Hair drug testing is non-invasive, less subject to specimen tampering, and provides a wider window of detection compared to a standard urine drug test. It is also the best method for detecting patterns of chronic alcohol use that may be missed by a urine drug test if the timing of the test doesn't align with recent use.

WHAT DO I NEED TO DO TO PREPARE?

We ask only that hair be clean and free of excessive styling products. Hair that is visibly damaged by repeated chemical processing may be rejected by the laboratory and cannot be collected for testing.

CAN MY RESULTS BE AFFECTED BY ENVIRONMENTAL CONTAMINATION?

No. Unless otherwise requested, hair samples are always washed by the laboratory to remove external contaminants before testing.

IS IT SAFE TO TAKE THIS TEST IF I AM PREGNANT?

Yes.

DO I NEED TO MAKE AN APPOINTMENT?

No. You can walk in for same-day testing. We make it easy by offering work-friendly store hours.

HOW LONG WILL IT TAKE TO GET MY RESULTS?

Most negative drug test results are available within 24-48 hours. Allow additional time for confirmation testing to be completed if necessary.

WHO HAS ACCESS TO MY RESULTS?

Drug test results always belong strictly to the donor, except in the case of a minor child or an employer or court-ordered drug test. The donor may also provide written authorization for test results to be provided to one or more third parties, if necessary.

IS A DOCTOR'S ORDER REQUIRED?

No. Drug testing does not require a doctor's order to be performed.

WHO CAN I CONTACT IF I HAVE QUESTIONS ABOUT MY RESULTS?

Drug testing results should be discussed with your primary care physician.

Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.