

# Any Lab Test Now

## ELEMENTS-THYROID TAKE HOME HORMONE KIT

### **DESCRIPTION**

Thyroid disease or dysfunction can explain a wide variety of symptoms, yet it is notoriously under-diagnosed. The American Thyroid Association estimates that over 12% of the US population will develop thyroid disease during their lifetime, and that as many as 60% of people with thyroid disease are not aware of it. Thyroid function can be affected by deficiencies, particularly of the elements iodine and selenium, of excesses of bromine, arsenic, mercury and cadmium, which are toxic to the body when we are overexposed. These elements are present in the food we eat, air we breathe, and water we drink and are tasteless and odorless, so they are impossible to detect without testing.

### **WHY DO I NEED THIS TEST?**

Thyroid disease or dysfunction can explain a wide variety of symptoms, yet it is notoriously under-diagnosed. The American Thyroid Association estimates that over 12% of the US population will develop thyroid disease during their lifetime, and that as many as 60% of people with thyroid disease are not aware of it. Thyroid function can be affected by deficiencies, particularly of the elements iodine and selenium, of excesses of bromine, arsenic, mercury and cadmium, which are toxic to the body when we are overexposed. These elements are present in the food we eat, air we breathe, and water we drink and are tasteless and odorless, so they are impossible to detect without testing.

### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

Test results generally take between 3 to 5 business days after your specimen is received at the laboratory.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

No, fasting is not required prior to sample collection.

### **OTHER RELEVANT LAB TESTS**

Customers interested in the Elements-Thyroid Take Home Hormone Kit may also want to consider the Weight Management Profile or Complete Hormone health Profile.

### **WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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