# **Any Lab Test Now**

# **URINE 10-PANEL DRUG TEST WITH COTININE (NICOTINE)**

### **DESCRIPTION**

The **10-Panel with** *Cotinine Urine Drug Test* will determine the presence or absence of 10 drugs as well as any tobacco products within the past three days. Cotinine is a metabolite of Nicotine and can be detected for longer periods of time after usage than simply testing for Nicotine. The specimen will be screened, and if necessary will be tested by GC/MS.

#### WHY DO I NEED THIS TEST?

There are a lot of reasons why you might need a drug test. Perhaps your employer has a drug testing policy, or maybe you're being considered for a job, and a pre-employment drug test is required. If you are an employer with a wellness program that rewards non-smokers or you receive financial incentives for being tobacco-free, this test is also for you. Recent studies have shown that tobacco use is the leading cause of death in the US. Tobacco usage also contributes to illnesses as well as rising healthcare costs and insurance. This test can give you a look back for several days on tobacco usage, so it is also frequently used by parents who are interested in finding out if their child has ingested tobacco recently. You may also consider this as part of the Trust, But Verify accountability program.

#### OTHER RELEVANT LAB TESTS

You may want to also consider the *Hair Drug Screen* or *Basic Check-Up Panel*. For diagnosis or treatment options, show your test results to a physician.

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.