

DOT 5 PANEL DRUG TEST (FEDERAL/REGULATED) (URINE)

DESCRIPTION

The **Dot 5 Panel Drug Test (Federal/Regulated) (Urine)** meets the drug testing requirements defined by the Department of Transportation (DOT) in rule 49 CFR Part 40. This test is specifically intended for employees in safety-sensitive positions regulated by the Department of Transportation. It will detect all regulated analytes at the cutoffs designated by the DOT, and it will be conducted at a SAMHSA-certified laboratory.

This test requires a standard urine sample that can be collected at the Any Lab Test Now store location of your choice. All of our specimen collectors are specially trained and qualified according to the requirements defined by the Department of Transportation.

As a laboratory-based test, this panel includes a routine screen for each listed drug class. Positive screen results are automatically sent for additional confirmatory testing by GC/MS or LC-MS/MS. Confirmatory tests will identify the specific substance(s) present in the sample and their amount(s). Screening and confirmatory tests are always conducted separately in order to prevent contamination and ensure accurate results.

On average, most drugs are detectable in urine for approximately three days after the most recent use or exposure¹. A confirmed positive result is considered evidence of use or exposure in that time period.

This test is intended to identify recent use of the following:

- 6-acetylmorphine
- Amphetamine/Methamphetamine
- Cocaine
- Expanded Opiates, including:
 - Codeine
 - Morphine
 - Hydrocodone
 - Hydromorphone
 - Oxycodone
 - Oxymorphone
- Marijuana
- MDA/MDMA

¹ In heavy users, marijuana may remain detectable in urine for several weeks after last use.

- PCP

WHY DO I NEED THIS TEST?

For Consumers:

The **DOT 5 Panel Drug Test (Federal/Regulated) (Urine)** is only recommended for consumers who are employed in safety-sensitive positions that are regulated by the Department of Transportation. Similar panels are available for non-regulated consumers who need a drug test that mirrors DOT guidelines. Consult your local Any Lab Test Now for more information.

For Employers and Staffing Agencies:

The **DOT 5 Panel Drug Test (Federal/Regulated) (Urine)** is only recommended for transportation employers whose activities and employees are regulated by the Department of Transportation. Similar panels are available for non-regulated employers interested in mirroring DOT guidelines for their employees. Consult your local Any Lab Test Now for more information.

WHAT DO I NEED TO DO TO PREPARE?

Drink 8-12 oz. of fluid 30 minutes prior to the test.

IS IT SAFE TO TAKE THIS TEST IF I AM PREGNANT?

Yes.

WILL CERTAIN FOODS/DRINKS MAKE THE TEST APPEAR POSITIVE?

No.

DO I NEED TO MAKE AN APPOINTMENT?

No. You can walk in for same-day testing. We make it easy by offering work-friendly store hours.

HOW LONG WILL IT TAKE TO GET MY RESULTS?

Negative drug test results are available within 24-48 hours. Allow additional time for confirmation testing to be completed if necessary.

WHO HAS ACCESS TO MY RESULTS?

Drug test results always belong strictly to the donor, except in the case of a minor child or an employer or court-ordered drug test. The donor may also provide written authorization for test results to be provided to one or more third parties, if necessary.

IS A DOCTOR'S ORDER REQUIRED?

No. Drug testing does not require a doctor's order to be performed.

WHO CAN I CONTACT IF I HAVE QUESTIONS ABOUT MY RESULTS?

Drug testing results should be discussed with your primary care physician.

Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.