

# Any Lab Test Now

## DIABETES MAINTENANCE PANEL

### **DESCRIPTION**

Nearly 6 million people don't realize that diabetes is attacking their bodies.

The Diabetes Maintenance Panel is an effective panel for both diabetics and for those who want to see if they have diabetes.

The four tests in this panel will give you and your doctor a lot of knowledge. The Complete Blood Count (CBC) tests for blood disorders such as infection or anemia; the Hemoglobin A1c can detect pre diabetes, diagnose it, or see if diabetes is under control; and finally, the Diabetic Urinalysis will determine if albumin (protein) is found in your blood (if so, it's possible your kidneys aren't working properly).

The information gained from the four tests in this panel will give you and your physician the necessary information to help monitor and/or adjust your diabetic medications.

### **WHY DO I NEED THIS TEST?**

Diabetes can be a silent killer if left undetected and is the leading cause of blindness and kidney failure. It can also increase your chances of having a heart attack, stroke or infection.

Monitoring your diabetes may give you an opportunity to prevent the onset of these side effects or keep your diabetes from advancing.

### **OTHER RELEVANT LAB TESTS**

If you're interested in this panel, you might also want to consider the Annual Check-Up, Comprehensive Male Panel or the Comprehensive Female Panel.

### **WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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