

DIABETES MAINTENANCE PANEL

WHO SHOULD GET THIS TEST?

This panel is useful for people who have diabetes, or for those who want to be screened for diabetes. If you are taking diabetes medication, the information in this panel can help your healthcare provider monitor your diabetes treatment.

WHY IS THIS TEST IMPORTANT?

Over 37 million people in the United States have diabetes; of these people, over 8 million are undiagnosed. If left undetected, diabetes can cause many health complications, including but not limited to: kidney disease, eye problems, foot issues, nerve damage, heart attack, stroke.

The Diabetes Maintenance Panel includes 4 tests:

1. Hemoglobin A1c (HbA1c)- measures your average blood glucose levels over the past 2-3 months
2. Diabetic Urinalysis- looks for protein in your urine, which could indicate kidney problems
3. Complete Blood Count (CBC)- can detect anemia, infection, bleeding disorders, and more
4. Comprehensive Metabolic Panel (CMP)- measures your blood glucose and provides valuable information about your kidney function, liver function, and electrolytes

OTHER RELEVANT TESTS

If you're interested in this panel, you may also want to consider:

- Annual Check-Up Panel
- Comprehensive Female Panel
- Comprehensive Male Panel
- Heart Health Panel

Website test descriptions and all associated information are provided through Any Lab Test Now and the Product Management Team, in conjunction with the Medical Professionals Committee, and Ekan Essien, MD, Corporate Medical Director.