

# Any Lab Test Now

## CREATININE TEST

### **DESCRIPTION**

Creatinine is the end-product of creatine metabolism. The presence of creatine is primarily in muscle. The amount of creatinine is related to total skeletal muscle mass. Daily creatinine production is regular, except when there is massive injury to muscle. In healthy individuals, the kidneys excrete creatinine, and blood levels and daily urinary excretion of creatinine fluctuates very little.

### **WHY DO I NEED THIS TEST?**

A physician may want you to take a Creatinine Test to determine the levels of creatinine, and if you show signs of kidney disease.

Symptoms include but are not limited to:

- Loss of appetite
- High blood pressure
- Fatigue
- Back pain near kidneys
- Nausea or vomiting
- Urine production frequency

### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

Results are typically available in 3 to 5 business days.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

No. You do not need to fast for this test.

FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567

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**WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

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