

# Any Lab Test Now

## CONTINUED TESTOSTERONE REPLACEMENT THERAPY PANEL

### **DESCRIPTION**

Testosterone is a male hormone that helps to maintain bone density, fat distribution, muscle strength and mass, red blood cell production, sex drive and sperm production. As men age, levels of testosterone naturally decline by about 1% per year after age 30. Extremely low levels of testosterone may be caused by a disease (hypogonadism) in which the body isn't able to produce enough of the hormone because of a problem with the testicles or the pituitary gland which promotes testosterone production.

### **WHY DO I NEED THIS TEST?**

If you are taking androgen/testosterone replacements you should monitor the levels of testosterone in your blood. This test will help you to track the effectiveness of the treatment.

Testosterone is important for muscle and bone growth and strength and for sexual functioning. Too much can cause serious health issues such as increased risk of prostate cancer, increased risk of blood clots or stroke, acne and sleep apnea.

### **AM I REQUIRED TO FAST FOR THIS PANEL OF LAB TESTS?**

No. You are not required to fast for this test.

### **OTHER RELEVANT LAB TESTS**

Customers who consider the Continued Testosterone Therapy Panel may want to consider the Liver Function (Hepatic) Panel to get a better picture of their overall health and how testosterone therapy is impacting other bodily systems.

### **WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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