

CHOLESTEROL MEDICATION MAINTENANCE PANEL

WHO SHOULD GET THIS TEST?

This panel is a good option for someone who is taking cholesterol medication, or for someone who needs to have their cholesterol and liver function checked regularly. It is also ideal for someone who is interested in learning more about their cholesterol numbers and liver enzymes.

WHY IS THIS TEST IMPORTANT?

According to the CDC, approximately 2 out of 5 adults in the U.S. have high cholesterol. High cholesterol typically does not have symptoms, so the best way to know if you have it is to get your cholesterol checked.

The Cholesterol Medication Maintenance Panel consists of:

1. Lipid Panel- includes:
 - a. Total Cholesterol- Total cholesterol measures the total amount of cholesterol in your blood based on your LDL cholesterol, HDL cholesterol, and triglycerides.
 - b. HDL- HDL stands for high-density lipoprotein; this is also known as “good cholesterol”.
 - c. LDL- LDL stands for low-density lipoprotein; this is also known as “bad cholesterol”.

- d. Triglycerides- Triglycerides are a type of fat that can be found in the blood.
 - e. HDL/LDL Ratio
2. Hepatic Function Panel- includes:
- a. Total Protein- This measures the amount of protein in the blood, including albumin and globulin.
 - b. Albumin- Albumin is a protein made in the liver that helps transport vitamins and other substances throughout the body.
 - c. Total and Direct Bilirubin- Bilirubin is a waste product found in bile, which is made in the liver.
 - d. Alkaline Phosphatase- ALP is an enzyme that can be found in many parts of the body, including the liver.
 - e. AST and ALT- Aspartate aminotransferase (AST) and alanine aminotransferase (ALT) are liver enzymes that are typically present at low levels in the blood.

OTHER RELEVANT TESTS

If you're interested in this panel, you may also want to consider:

- Annual Check Up Panel
- Comprehensive Female Panel
- Comprehensive Male Panel
- Heart Health Panel

Website test descriptions and all associated information are provided through Any Lab Test Now and the Product

Management Team, in conjunction with the Medical Professionals Committee, and Ekan Essien, MD, Corporate Medical Director.