

# Any Lab Test Now

## C-REACTIVE PROTEIN (HIGH SENSITIVITY, CARDIAC) TEST

### **DESCRIPTION**

The C-Reactive Protein (High Sensitivity, Cardiac) (CRP) is a blood test that measures the amount of protein (called C-reactive Protein) in your blood that indicates inflammation. It's also used to assess your risk of cardiovascular disease (CVD). "High Sensitivity" means that this particular test can see if you have an increased chance of having a heart problem or heart attack.

The best way to utilize test results is to be tested two different times (typically taken two weeks apart). Your physician will take the average of the two test results to determine your risk for cardiovascular disease or the presence of inflammation.

High levels of CRP are caused by infections and many long-term diseases. But a CRP test cannot show where the inflammation is located or what is causing it. Other tests are needed to find the cause and location of the inflammation.

### **WHY DO I NEED THIS TEST?**

Inflammation can pop up in your body in a number of ways. With the C-Reactive Protein (High Sensitivity, Cardiac) Test, you'll know if inflammation has damaged the inner lining of your arteries, thus increasing your chances of a heart attack.

This test can also check for infection after surgery, determine any infections or diseases causing inflammation, or see how well your body is reacting to treatment.

### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

Test results generally take between 24 to 72 business hours after your specimen is collected.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

No. You are not required to fast for this test.

### **OTHER RELEVANT LAB TESTS**

Customers that select the C-Reactive Protein (High Sensitivity, Cardiac) also invest in an Inflammation Marker Panel or Cardiac Risk Panel.

### **WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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