

# Any Lab Test Now

## ARTHRITIS SCREENING PANEL

### **DESCRIPTION**

This panel includes a number of tests that give you and your doctor information to help you determine if you have a connective tissue or autoimmune disorder (such as arthritis).

The Rheumatoid Factor (RF) Test is primarily used to help diagnose rheumatoid arthritis and other forms of arthritis and other conditions that cause joint pain, inflammation, stiffness and others. It is commonly ordered with other tests like the CRP (C-Reactive Protein) and a CBC.

The C-Reactive Protein (High Sensitivity) is a protein that increases during systemic inflammation. This panel tests this level to assess any cardiovascular or heart disease risk.

In addition, this panel includes an Antinuclear Antibodies Test, which measures the amount of abnormal antibodies that hurt the body's tissues.

The CBC measures important parameters of the cellular makeup of your blood that can reveal anemia, signs of infection or other factors that may cause fatigue; a Comprehensive Metabolic Panel (CMP), which analyzes electrolytes, sugar, proteins, and enzymes including sodium, potassium, calcium, glucose and liver/kidney function tests; and a Sedimentation Rate, which detects and monitors inflammation in the body.

### **WHY DO I NEED THIS TEST?**

Do your joints hurt? Do you have body stiffness? It could be arthritis or other body inflammation. There are nearly three times as many women with rheumatoid arthritis than men, and it usually begins between your 30s and 60s. But anyone can get rheumatoid arthritis and other autoimmune disorders.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

No. You are not required to fast for this test.

### **OTHER RELEVANT LAB TESTS**

Many customers that purchase the Arthritis Screening Panel also consider the Comprehensive Male Panel or the Comprehensive Female Panel.

### **WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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