

# Any Lab Test Now

## ARSENIC EXPOSURE TEST (HAIR)

### **DESCRIPTION**

Arsenic is a metal that is naturally occurring in the earth's crust. In the environment, Arsenic can combine with Oxygen, Chlorine or Sulfur to form compounds that are inorganic. These compounds can be used in industrial processes such as making electronics. Seafood such as fish and shellfish may accumulate Arsenic; however most of this is the organic form of Arsenic and is relatively non-toxic. For this reason, if you decide to test for Arsenic, you should abstain from seafood for at least two days prior to testing.

Environmental Arsenic may be found in soil around old smelter sites or agricultural fields, in treated lumber or even in scrap metal.

### **WHY DO I NEED THIS TEST?**

A hair test can give an expanded window of detection of up to 90 days. Exposure to Arsenic can have very serious consequences for your body, and you may not know right away if you have been exposed. If you live in an area where you might have been exposed to environmental Arsenic, you may decide to choose this test.

Employers also monitor their employees for exposure, whether required by OSHA or as a way of establishing a baseline measurement before a candidate is hired.

### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

Test results are generally available within five (5) business days after your specimen is collected.

### **AM I REQUIRED TO FAST FOR THIS LAB TEST?**

No. You are not required to fast for this test.

### **OTHER RELEVANT LAB TESTS**

Customers that choose the Arsenic Test may decide to upgrade to the Heavy Metals Panel or to add in general health overview tests such as the Comprehensive Male Panel or the Comprehensive Female Panel.

### **WRITTEN BY:**

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

**FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567**

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