

Any Lab Test Now

ANNUAL CHECK-UP PANEL

DESCRIPTION

The Annual Check-Up is the perfect panel for evaluating your overall health. The panel consists of 5 tests that are typically ordered by a physician during an annual physical examination.

Most important, this is a good panel to establish your “baseline.” Your baseline consists of all the numeric test results (levels) including your blood counts, kidney function, liver function, electrolytes, total cholesterol, triglycerides, HDL, LDL, and thyroid function values. By knowing these levels, you can begin to manage your own health to see if they fluctuate over time.

With the Annual Check-Up, you’ll get a good look at your overall health through a variety of tests including:

- Complete Blood Count (CBC) – tests for blood disorders such as leukemia, anemia, and blood clotting.
- Comprehensive Metabolic Panel (CMP) – gives information about electrolytes, kidney and liver functions.
- Lipid Panel – analyzes your cholesterol, triglycerides, and LDL and HDL levels. Results are used to determine your risk for coronary artery disease or stroke.
- TSH – analyzes thyroid function and signs of hyperthyroidism and hypothyroidism.
- Hemoglobin A1c – The A1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months.

HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?

Test results generally take between 24 to 72 business hours after your specimen is collected.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

Yes. Do not eat for 10-12 hours before taking the panel to ensure its accuracy.

OTHER RELEVANT LAB TESTS

With the Basic Check-Up, you get a lot of important information, but while you’re here, you might want to consider other tests not included in the Basic Check-Up.

WRITTEN BY:

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567

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