

Any Lab Test Now

ANABOLIC STEROID TEST (BASIC)

DESCRIPTION

The Anabolic Steroid Test measures the levels of steroids in urine.

WHY DO I NEED THIS TEST?

Do you need to ensure that a teen or athlete is not using steroids? Are you worried about physical or emotional changes? Do you need to monitor a team to ensure compliance with “no doping” rules?

The extreme advantage over others who are not enhancing their athletic performance with steroids is illegal and can create serious issues for athletes and teams competing on the local and national stage. In addition, long term use has been associated with severe side effects including:

- Incomplete bone growth in a teen who may never reach their full potential height
- Heart attack or stroke, even in young people,
- High blood pressure
- Oily skin and acne
- Higher cholesterol levels (higher LDL or “bad” cholesterol and lower HDL or “good” cholesterol)
- Liver disease and liver cancer
- Male pattern hair loss
- Irritability, rage, mania or delusions
- Reduced sperm count, shrunken testicles and infertility in men
- Male characteristics in women such as increased body hair, lowering of the voice, smaller breasts, and rough skin

Steroid use can be dangerous without proper care from a doctor and is illegal without a prescription. Athletic programs are not permitted to allow athletes to use anabolic steroids and many required testing to ensure that athletes are conforming to the rules. If you are unsure about your teen or the athletes in your program, get them tested today.

FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567

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**WRITTEN BY:
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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.

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