

## **AMH TEST**

## WHO SHOULD GET THIS TEST?

This test can be useful for any woman who is curious about her ovarian health.

## WHY IS THIS TEST IMPORTANT?

The AMH test can be ordered for a variety of reasons. It is a commonly used test in fertility assessments. It can also be used to help diagnose PCOS (polycystic ovary syndrome), predict the onset of menopause, and monitor patients with certain types of ovarian cancer.

The Anti-Müllerian Hormone is produced in the ovaries. It is a measure of ovarian reserve, or the number of eggs you have. Usually, AMH levels will slowly decrease with age, until becoming undetectable at menopause. A "diminished ovarian reserve" might mean that you have a lower number of eggs in your ovaries compared to other women your age. All AMH test results should be interpreted by a trusted healthcare provider.

## **OTHER RELEVANT TESTS**

If you're interested in this panel, you may also want to consider:

- Comprehensive Female Panel
- Luteinizing Hormone (LH) Test
- Follicle Stimulating Hormone (FSH) Test

Website test descriptions and all associated information are provided through Any Lab Test Now and the Product Management Team, in conjunction with the Medical Professionals Committee, and Ekan Essien, MD, Corporate Medical Director.