

5 PANEL DRUG TEST (HAIR)

DESCRIPTION

The **5 Panel Drug Test (Hair)** will identify the presence or absence of five (5) different classes of commonly used or misused drugs and/or their metabolites.

Drugs and their metabolites are deposited in hair as it grows through exposure to blood, sweat, and skin oils. On average, most drugs are detectable in head hair beginning at 7 days after use and extending as far back as 90 days if the hair sample collected is at least 1.5 inches in length. A confirmed positive result is considered evidence of use or exposure in that time period. Note that body hair does not grow at the same rate as head hair, therefore the detection window is less precise.

This test requires a head or body hair sample that can be collected at the Any Lab Test Now store location of your choice. If head hair is being used, small sections of hair will be cut from several inconspicuous places on the back of the head. Body hair will only be used in the event that head hair is unavailable or unsuitable for testing. All hair samples are collected and sent to the laboratory using strict chain of custody procedures that protect the identity and integrity of the specimen.

As a laboratory-based test, this panel includes a routine screen for each listed drug class. Positive screen results are automatically sent for additional confirmatory testing by GC/MS or LC-MS/MS. Confirmatory tests will identify the specific substance(s) present in the sample and their amount(s). Screening and confirmatory tests are always conducted separately in order to prevent contamination and ensure accurate results.

This test is intended to identify use of the following:

- Amphetamines (including Ecstasy)
- Cocaine
- Marijuana
- Opiates (including Hydrocodone)
- Phencyclidine

WHY DO I NEED THIS TEST?

For Consumers:

The **5 Panel Drug Test (Hair)** is recommended for consumers seeking a drug test for personal knowledge, legal, or employment purposes. It is also recommended for consumers who are concerned about suspected long-term abuse or misuse of any of the listed drugs by a friend or family member, including teenagers.

For Employers and Staffing Agencies:

The **5 Panel Drug Test (Hair)** is recommended for all employers, especially those in safety-sensitive industries, who are looking for a basic workplace drug testing panel. Review of all positive test results by a Medical Review Officer (MRO) is highly recommended. MRO services may incur an additional cost. Consult your local Any Lab Test Now store for pricing.

WHAT ARE THE ADVANTAGES OF HAIR DRUG TESTING?

Hair drug testing is non-invasive, less subject to specimen tampering, and provides a wider window of detection compared to a standard urine drug test. It is also the best method for detecting patterns of chronic drug use that may be missed by a urine drug test if the timing of the test doesn't align with recent use.

WHAT DO I NEED TO DO TO PREPARE?

We ask only that hair be clean and free of excessive styling products. Hair that is visibly damaged by repeated chemical processing may be rejected by the laboratory and cannot be collected for testing.

CAN MY RESULTS BE AFFECTED BY ENVIRONMENTAL CONTAMINATION?

No. Unless otherwise requested, hair samples are always washed by the laboratory to remove external contaminants before testing.

IS IT SAFE TO TAKE THIS TEST IF I AM PREGNANT?

Yes.

DO I NEED TO MAKE AN APPOINTMENT?

No. You can walk in for same-day testing. We make it easy by offering work-friendly store hours.

HOW LONG WILL IT TAKE TO GET MY RESULTS?

Most negative drug test results are available within 24-48 hours. Allow additional time for confirmation testing to be completed if necessary.

WHO HAS ACCESS TO MY RESULTS?

Drug test results always belong strictly to the donor, except in the case of a minor child or an employer or court-ordered drug test. The donor may also provide written authorization for test results to be provided to one or more third parties, if necessary.

IS A DOCTOR'S ORDER REQUIRED?

No. Drug testing does not require a doctor's order to be performed.

WHO CAN I CONTACT IF I HAVE QUESTIONS ABOUT MY RESULTS?

Drug testing results should be discussed with your primary care physician.

Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.