

# 10 PANEL DRUG TEST PLUS COTININE (NICOTINE METABOLITE) (URINE)

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## **DESCRIPTION**

The **10 Panel Drug Test Plus Cotinine (Nicotine Metabolite) (Urine)** will identify the presence or absence of cotinine plus ten(10) different classes of commonly used or misused drugs or their metabolites.

This test requires a standard urine sample that can be collected at the Any Lab Test Now store location of your choice. All urine samples are collected and sent to the laboratory using strict chain of custody procedures that protect the identity and integrity of the specimen.

As a laboratory-based test, this panel includes a routine screen for each listed drug class. Positive screen results are automatically sent for additional confirmatory testing by GC/MS or LC-MS/MS. Confirmatory tests will identify the specific substance(s) present in the sample and their amount(s). Screening and confirmatory tests are always conducted separately in order to prevent contamination and ensure accurate results.

On average, most drugs are detectable in urine for approximately three days after the most recent use or exposure<sup>1</sup>. A confirmed positive result is considered evidence of use or exposure in that time period.

This test is intended to identify recent use of the following:

- Amphetamine/Methamphetamine
- Barbiturates
- Benzodiazepines
- Cocaine
- Marijuana
- Methaqualone
- Methadone
- Opiates
- Phencyclidine
- Propoxyphene
- Cotinine (Nicotine Metabolite)

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<sup>1</sup> In heavy users, marijuana may remain detectable in urine for several weeks after last use.

## **WHY DO I NEED THIS TEST?**

### **For Consumers:**

The **10 Panel Drug Test Plus Cotinine (Nicotine Metabolite) (Urine)** is recommended for consumers seeking a drug test for personal knowledge or employment purposes. It is also recommended for consumers who are concerned about nicotine use as well as abuse or misuse of any of the listed drugs by a friend or family member, including teenagers.

### **For Employers and Staffing Agencies:**

The **10 Panel Drug Test Plus Cotinine (Nicotine Metabolite) (Urine)** is recommended for employers looking for an expanded workplace drug testing panel and may also need information about the prevalence of nicotine use among employees for insurance reasons. Review of all positive test results by a Medical Review Officer (MRO) is highly recommended. MRO services may incur an additional cost. Consult your local Any Lab Test Now store for pricing.

## **WHAT DO I NEED TO DO TO PREPARE?**

Drink 8-12 oz. of fluid 30 minutes prior to the test.

## **IS IT SAFE TO TAKE THIS TEST IF I AM PREGNANT?**

Yes.

## **WILL CERTAIN FOODS/DRINKS MAKE THE TEST APPEAR POSITIVE?**

No.

## **DO I NEED TO MAKE AN APPOINTMENT?**

No. You can walk in for same-day testing. We make it easy by offering work-friendly store hours.

## **HOW LONG WILL IT TAKE TO GET MY RESULTS?**

Negative drug test results are available within 24-48 hours. Allow additional time for confirmation testing to be completed if necessary.

## **WHO HAS ACCESS TO MY RESULTS?**

Drug test results always belong strictly to the donor, except in the case of a minor child or an employer or court-ordered drug test. The donor may also provide written authorization for test results to be provided to one or more third parties, if necessary.

## **IS A DOCTOR'S ORDER REQUIRED?**

No. Drug testing does not require a doctor's order to be performed.

## **WHO CAN I CONTACT IF I HAVE QUESTIONS ABOUT MY RESULTS?**

Drug testing results should be discussed with your primary care physician.

*Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.*